

Scheme of Work

Growing & Caring For Ourselves Key Stage 1

Word Box: Clean, similar, different, family, boy, girl, male, female, body parts, penis, vagina Resources

Statements **End of Key**

main parts of the 3e, the names of the **PSHE Framework**

for each other 4d, that family and friends should care

similarities between differences and respect the 4c, to identify and

National

reproduce move, feed, grow, use including humans Sc2/1b, that animals Curriculum Science their senses, and

external parts of the and of other animals bodies of humans compare the main 2a, to recognise and

and Learning Outcomes **Learning Intentions**

Learning Intention

Learning Outcomes To understand some basic hygiene principles

Know how to keep clean and look after oneself

Learning Intention

To introduce the concept of growing and changing Learning Outcomes

Know how people grow and change

Know the differences between boy and girl babies Understand that babies become children and then adults

Learning Intention

To explore different types of families and who to ask for help **Learning Outcomes**

Know which people we can ask for help Know there are different types of families

Lesson Title

Keeping Clean Lesson 1

Story bag containing sponge, toothbrush and soap Keeping Clean pictures (and a school jumper or shirt if available) Talking object

Talking object

Lesson 2

Story bag containing Pictures of newborn babies <u>litecycle picture cards</u>

ifecycle whiteboard summary

ifecycle word cards

Changing Growing and

Families and Care _esson 3

Story bag - containing plaster and skipping rope Talking object Pictures of families

Additional Activities

The Family Book, Todd Parr

Who's in a Family? Robert Skutch Suggested reading: Happy Families, Allan Ahlberg