

Packed Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose From	Ham or Laughing Cow cheese spread Sandwich	Turkey or Cheese Bap	Ham or Egg Mayo Wrap.	Turkey or Tuna Sandwich	Ham or Cheese Bap
Special Diet Option	Ham, Turkey or Tuna Sandwich on Gluten Free Bread NO MAYO				
Crudités	Veg Sticks of the Day				
Fruit	Fruit of the Day				
Dessert	Frube	Shortbread Biscuit	Flapjack	Chocolate Brownie	Lemon Sponge
Special Diet Option	Raisins & Sultanas 115255	Banana	SD Flapjack 93165520 <u>RECIPE USES GF OATS</u>	SD Chocolate Crispy Bar 93158451 <u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u>	SD Flapjack 93165520 <u>RECIPE USES GF OATS</u>

All lunches will be packed into our Super Hero Lunch Bags ready for collection from the counter – minimising contact



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Special Diet Option	Ham, Turkey or Tuna Sandwich on Gluten Free Bread NO MAYO				
Crudités	Veg Sticks of the Day				
Fruit	Fruit of the Day				
Dessert	Shortbread Biscuit	Frube	Strawberry Swirl Sponge	Chocolate Cake	Oatie Biscuit
Special Diet Option	SD Berry Crispy 93158452 <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>	SD Flapjack 93165520 <u>RECIPE CONTAINS GF</u> <u>OATS</u>	Raisins & Sultanas <u>115255</u>	SD Chocolate Crispy Bar 93158451 <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>	SD Berry Crispy 93158452 <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>

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Special Diet Option	Ham, Turkey or Tuna Sandwich on Gluten Free Bread NO MAYO				
Crudités	Veg Sticks of the Day				
Fruit	Fruit of the Day				
Dessert	Chocolate Brownie	Custard Biscuit	Fruity Flapjack*	Oatie Biscuit	Strawberry Swirl Sponge
Special Diet Option	Raisins & Sultanas 115255	Banana	SD Flapjack 93165520 <u>RECIPE USES GF OATS</u>	SD Chocolate Crispy Bar 93158451 <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>	SD Flapjack 93165520 <u>RECIPE USES GF OATS</u>

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