



MONDAY

### HOT SPECIALS...

#### Veggie Bolognese

Yummy veggie Bolognese with pasta

#### Veggie Sausage and Mash with Gravy

Fluffy mash with veggie sausages and rich gravy

#### Allegra's Garlicky Chicken and Spanish Spuds

Garlic seasoned chicken served with spanish style potatoes

#### Allegra's Cheesy Peasy Risotto Bake

A delicious baked cheesy, pea risotto

#### Roast Pork with Roast Potatoes & Gravy

Roast pork with fluffy roasties and tasty gravy

#### Meat-free Roast with Roast Potatoes and Gravy

Delicious Quorn roast with fluffy roasties and tasty gravy

#### Cornish Steak Pasty with Potato Wedges

Steak pasty with potato wedges

#### Veggie Lasagne served with a Bread Wedge

Delicious sheets of pasta layered with veggies and tomato sauce

#### Southern Fried Chicken Tasters with Chips

Lightly seasoned crispy chicken strips and scrummy chips

#### Soft Taco and Chips

A soft taco shell filled with a yummy veggie tomato chilli

### DAILY FAVES...

#### Jacket Potatoes

A choice of hot and cold fillings

#### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

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### WEEK 3

W/C: 13/09 04/10 15/11  
06/12 17/01 07/02 28/02  
21/03

### SIDES...

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

### PICK A PUD!

Oatie Biscuit with Fruit Slices

Apple and Carrot Yoghurt Muffin

Strawberry Ice Cream

Chocolate Sponge Cake

Crispy Snow Bar

Local Office: 01872 540544 or [diana.thomas@compass-group.co.uk](mailto:diana.thomas@compass-group.co.uk)

Chartwells



YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children



£2.34

THREE WEEK MENU  
AUTUMN/WINTER 21



TRY SOMETHING DIFFERENT - NEW TASTES & FLAVOURS!  
I'm here to Takeover your Tuesdays! My dishes contain new tastes and flavours to encourage your little ones to try something new. I hope they love them as much as I do!  
Allegra McEvedy, Presenter of BBC's Step Up to the Plate and Junior Bake Off.

Chartwells

MONDAY

**HOT SPECIALS...**

- Burrito**   
A soft wrap filled with lightly spiced veggies and rice
- Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**DAILY FAVES...**

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**WEEK 1**  
W/C: 20/09 11/10 01/11  
22/11 13/12 03/01 24/01  
14/02 07/03 28/03

**SIDES... PICK A PUD!**

- Green Beans and Sweetcorn**
- Raspberry Ripple Ice Cream**

TUESDAY

- Allegra's Chicken Filo Pie with Mashed Potato**  
A delicious light filo pastry topped chicken pie
- Allegra's BBQ Beans served with Cornbread**   
Tasty BBQ beans served with Cornbread

- Jacket Potatoes**   
with salmon mayonnaise
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Peas and Broccoli**
- Brownie**

TUESDAY

WEDNESDAY

- Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy
- Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**   
A chunky sweet potato and chickpea roast

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Carrots and Cabbage**
- Shortbread Biscuit with Fresh Cut Fruit Slices**

WEDNESDAY

THURSDAY

- Pasta Bolognese**   
A classic Italian beef bolognese in a yummy tomato sauce
- Butternut Squash and Tomato Bake with Rice**   
A delicious butternut squash and tomato bake served with rice

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Broccoli and Sweetcorn**
- Berry & Peach Oaty Crumble with Custard**

THURSDAY

FRIDAY

- Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips
- Quorn Dippers and Chips**  
Crispy Quorn Nuggets with their fav sauce - Ketchup

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Baked Beans and Peas**
- Orange, Sultana & Cake Slice**

FRIDAY

**HOT SPECIALS...**

- Veggie Bolognese**   
Penne pasta in a yummy tomato and Quorn sauce
- Cheese and Tomato Pizza with Dough Balls**   
Cheesy tomato topped pizza slice

**DAILY FAVES...**

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**WEEK 2**  
W/C: 06/09 27/09 18/10  
08/11 29/11 10/01 31/01  
14/03 04/04

**SIDES... PICK A PUD!**

- Green Beans and Sweetcorn**
- Flapjack with Fruit Slices**

- Allegra's Chicken Katsu with a Rice Side**   
Yummy crispy Chicken Katsu with rice
- Allegra's Oodles of Noodles**   
Delicious noodles with tofu and veggies

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Broccoli and Peas**
- Peach Shortbread Pudding & Custard**

- Roast Turkey with Roast Potatoes & Gravy**  
Roast turkey with fluffy roasties and tasty gravy
- Creamy Vegetable Pie with Roast Potatoes and Gravy**   
Creamy vegetable pie with a cheesy shortcrust topper

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Cabbage and Carrots**
- Raspberry Yoghurt Cake**

- Cottage Pie**   
Home cooked minced beef with a crispy potato topping
- Mild Chickpea and Potato Curry**   
served with Wholemeal Rice

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Green Beans and Sweetcorn**
- Fruity Chocolate Brownie**

- Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips
- Tomato Veggie Burger with Chips**   
A delicious homemade veggie burger

- Jacket Potatoes**   
A choice of hot and cold fillings
- Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

- Peas and Baked Beans**
- Vanilla Ice-Cream**

- Vegetarian
- Oily fish
- Wholegrain
- Fruity!
- Nutritionist's Choice

Water, salad, bread and fruit

Available every day!

