



# Parenting offer – what's new in January 2023?

Our Parenting Team continues to support parents and carers. From January 2023, we will offer Parent Support Programmes through virtual and face to face sessions.

All Requests for Help to be received through the Early Help Hub.

### Early Years (1-3)

#### Being Passionate About Parenting Early Years (1-3 years)

Tuesdays 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> January 1-2.30pm on Microsoft Teams Thursdays 2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> March 1-2.30pm on Microsoft Teams

#### **Primary School Age (4-11)**

#### Being Passionate About Parenting (4-11 years)

Mondays 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup> January 10-11.30am on Microsoft Teams

#### Being Passionate About Parenting with an introduction to ADHD (5-11 years)

Mondays 23<sup>rd</sup>, 30<sup>th</sup> January and 6<sup>th</sup> February 6-8pm at Hayle Family Hub Thursdays 23<sup>rd</sup> February, 2<sup>nd</sup> and 9<sup>th</sup> March 10am-12pm at Redruth Family Hub Wednesdays 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> March 10am-12pm on Microsoft Teams

## Being Passionate About Parenting with an introduction to the Spectrum (5-11 years)

Tuesdays 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> January 10am-12pm at Redruth Family Hub Wednesdays 22<sup>nd</sup> February, 1<sup>st</sup> and 8<sup>th</sup> March 10am-12pm at Hayle Family Hub Tuesdays 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> March 6-8pm on Microsoft Teams

## **Secondary School Age (12-17)**

## Being Passionate About the Teenage Brain (12-17 years)

Mondays 6th, 13th and 20th March 1-2.30pm on Microsoft Teams

## Take 3 – Supporting Teenagers (12-17 years)

Tuesdays 10<sup>th</sup> January – 21<sup>st</sup> March (excluding half term) 5.30-7.30pm at Hayle Family Hub Wednesdays 1st February – 8th March (excluding half term) 6-8pm on Microsoft Teams

## Living with Parents (12-17 years)

Friday 24th March 9.30am-2.30pm at Hayle Family Hub

#### COMING SOON – Dates to be confirmed

Introduction to Teenagers with Traits of ADHD Introduction to Teenagers with Autistic Traits Introduction to Sensory Challenges for Teenagers

These will be 2 ½ hour workshops facilitated virtually on Microsoft Teams. These sessions will be available to parents who have completed the Take 3 parenting support programme.

